DRAFT: 6/6/24 Wellness Committee Meeting Minutes

Meeting Date: 6/6/24 - 8:00am - District Office

Attendance:

Present: Kristen Dainty, Matthew Flusser, Walter Gulick, Marie Johnson, Gina Nicolari, Courtney Novick, Terrence Thompson (arrive 8:18)

Absent: Andrea Cucci, Kelly Jackman, Kurt Jesman, John Lumia, Michael McFarland, James Spencer

Motion to begin: 8:00am - xx; xx (1st Mrs. Johnson, 2nd Mr. Flusser; all in favor)

Review Results of Wellness Survey

Participation numbers are low (Parent/Guardian: 764; Student: 448) and not representative of the total student population.

Mr. Gulick: commented that he enjoyed a different perspective from being in the classroom when looking at results and added the importance of intermurals especially for students who do not make a team.

Mrs. Johnson: Mentioned the activities for students and the possibility of a charter bus being added to the fleet (will be done through Supt update).

<u>Meeting Minutes</u>: Mr. Thompson arrived 8:18: 3/21/24 minutes were approved as we now had a quorum (1st Mrs. Johnson ; 2nd Ms. Nicolari; all in favor)

Mr. Thompson: commented on the work being done by Richard Zipp and the mental health piece being crucial. Open Doors work was discussed (community resource for schools for mental health and vaccinations).

Mr. Flusser: commented that every school has the opportunity to offer fresh meals with an order the day before. Administrators and monitors have been great in the cafeterias. Will have to continue the carnival food menu as that is what the students want. Nutrislice app was discussed.

Mr. Thompson: asked about more water filling stations in and around the cafeteria Mrs. Dainty would bring up to Facilities and Mrs. Johnson stated the same for the Capital Improvement Committee.

Mrs. Dainty: Thanked the Committee for their work and dedication to WCSD and the committee

Motion to adjourn: 8:43am (1st Mrs. Johnson; 2nd Mr. Thompson; all in favor)